



WELCOME TO TOWN SQUARE

Evidence-Based Adult Day

[Town Square](#) is an immersive adult day enrichment center that provides a safe and therapeutic day for anyone at risk of developing a chronic condition in aging or who currently carries a diagnosis -- and a high-quality respite option for caregivers.

Our Team



Mary Caldwell,
Gerontologist



Rebecca Stafford,
RN, BSN, CDP

Upon entering our state-of-the-art 12,000+ sq. ft. facility, members find themselves in a beautiful replica of a mid-century town complete with a variety of unique, themed environments. But what further sets us apart is our programming, which includes the following four evidence-based lifestyle interventions that can help maintain or improve overall health:



Care Planning and Care Consultation

We also offer free comprehensive care consultation and planning sessions to assess a patient's status and discuss ways to maintain or improve quality of life. These confidential consultations include disease education, respite options, community resources and referral, and general advice from both our director and gerontologist, Mary Caldwell and our nurse, Rebecca Stafford.

Additional Support

Beyond operating as an adult day, Town Square strives to serve as a resource to the broader community. We host regular support groups, dementia-related special events, and resource fairs to help families learn about and access resources that can alleviate burden and support their unique journeys.

We invite you to [book a tour of our center](#) and see for yourself the impact we are making in the lives our members and their families.

Contact

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Town Square Sandy Springs Team