Our Lifestyle



Did You Know About Our Neighbor ?

Skyler Betts – Director of Business Development & Enrollment Town Square at University Parkway / townsquare.net

Perhaps many of you met Town Square during The Meadows Health Fair January 4, 2024, kicking off the new year with a focus on health. Town Square University Parkway is a community whose mission is to connect people to their neighbors. They opened their doors as a resource in March of 2023, providing care for seniors suffering from dementia, Alzheimer's, Parkinson's, MS, depression, and other physical impairments.

This new adult day center offers 15,000 square feet to explore providing a fun 1950s-themed atmosphere. Located off of Lockwood Ridge and University Parkway (in the Walmart shopping complex next to Petland) The center also offers FREE support groups, educational classes,



and resources that are open to the public. During these giveback events, the center provides free respite, ensuring that the caregiver can get the support they need, while their loved one enjoys some much-needed socialization in a safe and secure environment. More often than not, families become worn out providing care for their loved one 24/7. 60% of caregivers pass away



before the ones they are caring for due to the strain on their mental and physical health.

Tours of the center are available Monday - Friday from 10 AM to 3 PM. Call the center to find out more about Town Square University Parkway 941-277-5048.

MARK YOUR CALENDARS

There are free monthly events and free respite provided.

First Tuesday of the month at 3

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- Second and fourth Tuesday of the month at 2:30 PM -Dementia/Alzheimer's Support Group
- Third Wednesday of the month at 3 PM - Educational Class for Caregivers.



Our organization, All 4 The Member's has a nonprofit focus on providing supplemental financial assistance to families and caretakers of seniors. The mission of their nonprofit is to offer resources, services, transportation, and membership assistance for adult day services. Ultimately facilitating the aging population so they can age in place for as long as possible. Their Board of Directors is expanding, and they are actively seeking volunteers.

To find out more about our organization and services, or wish to volunteer, please visit the website at: all4themembers.org

PM - Parkinson's Support Group



Alligators are unable to regulate their body heat so when it gets cold they often sun themselves on waterbanks.

PLEASE BE ALERT

When walking by ponds, stay on sidewalks and away from lake bank edges. Avoid walking dogs down on the water banks and always keep your dog on a leash, it could save your pets life.

NEVER feed the alligators, it's against the law and danger. Our wildlife can forage for themselves.