

SUPPORT GROUPS

*FREE Support Groups
Respite Available
In Person Events
Open To The Public*



Hosted at Town Square University Parkway
8450 Lockwood Ridge Road Sarasota, FL 34243

Please RSVP: 941-277-5048

FREE: These support groups are open to the public
& free to attend. Free respite is also available.

Parkinson's Support Group

1ST
TUESDAY
3 PM - 4 PM

Join Town Square & Fox Rehab for their monthly Parkinson's Support Group. Helping caregivers navigate the challenges of Parkinson's.

Dementia/ALZ Support Group

2ND
TUESDAY
2:30 PM - 4 PM

Facilitated by Denise Gibson, CDP. Caregivers get support, resources & information helping them navigate the disease.

Young Onset Support Group

3RD
TUESDAY
3 PM - 4 PM

This support group is led by Tara Stonebridge. It is designed to help caregivers & individuals 65 or younger who are suffering from early onset dementia.

Dementia/ALZ Support Group

4TH
TUESDAY
2:30 PM - 4 PM

Facilitated by Denise Gibson, CDP. Caregivers get support, resources & information helping them navigate the disease.