

DEMENTIA IT TAKES A VILLAGE

This **FREE** class is open to the public, and **FREE** respite is available for those who RSVP. This class is designed to empower caregivers with practical tools, emotional support, and creative strategies for providing compassionate, confident care. Participants will explore common caregiving challenges, as well as gain a deeper understanding of cognitive decline and its progression. Whether you're just beginning your caregiving journey or navigating advanced stages, this course offers guidance, community, and real-world solutions to help you feel more prepared and supported.

OUR EDUCATION:

- ✓ Understand the Disease
- ✓ Communication & Redirection
- ✓ Progression & Education
- ✓ Support & Resource

Dr. Tam Cummings
PHD, Gerontologist



Tuesday, August 26th
10:00 AM - 11:30 AM



8450 Lockwood Ridge
Road Sarasota, FL 34243



941-277-5048

**ALL GUESTS MUST RSVP TO
ATTEND, SPACE IS LIMITED.**